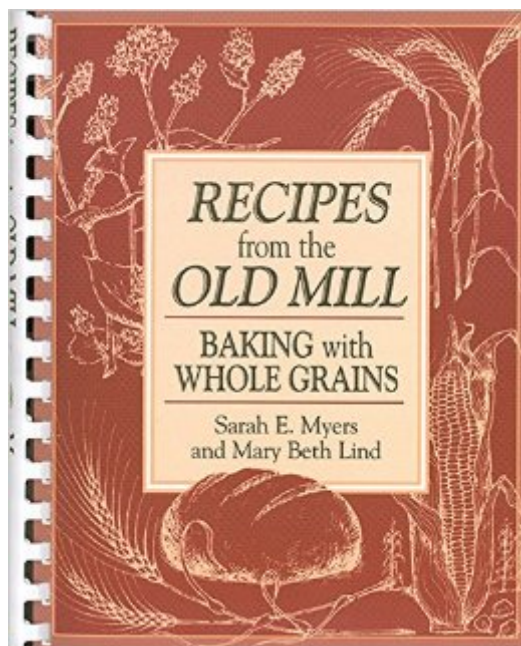


The book was found

Recipes From The Old Mill: Baking With Whole Grains



Synopsis

Simple grains yield rich breads that range from the mystically light to the substantially chewy. These breads offer incontestable food value and flavor; they will satisfy and delight those sensitive to nutritional concerns.

Book Information

Spiral-bound: 252 pages

Publisher: Good Books (February 25, 2005)

Language: English

ISBN-10: 1561484679

ISBN-13: 978-1561484676

Product Dimensions: 9 x 7.6 x 0.7 inches

Shipping Weight: 14.4 ounces

Average Customer Review: 4.5 out of 5 stars [See all reviews](#) (28 customer reviews)

Best Sellers Rank: #725,443 in Books (See Top 100 in Books) #161 in [Books > Cookbooks, Food & Wine > Cooking by Ingredient > Rice & Grains](#) #545 in [Books > Cookbooks, Food & Wine > Baking > Bread](#) #2707 in [Books > Cookbooks, Food & Wine > Regional & International > U.S. Regional](#)

Customer Reviews

This is the first time I have ever considered a book worthy of my time in writing a review. In response to the reviewer that complained of the use of white flour in many of the recipes in this book, she is right...many of them do call for white flour. However, I have never used processed white flour in any of the recipes, substituting instead fresh ground soft white wheat or simply using an equal measure of the whole grain already called for in the recipe, and have never been dissatisfied with the result. Our family is quite accustomed to the "heavy" taste of whole grains now and appreciates the full rich flavor and texture, so I get no complaints! I won't testify that it will work in all cases, as we have not tried "all" the recipes, but it has worked so far. Honestly, this book is our favorite along with the Breadbeckers recipe book, and we use one or both almost daily. Mostly we prepare quick breads, freshly ground grain prepared and baked at the moment we are ready to eat it! We have yet to prepare a recipe from this book that failed to live up to our expectations. It is chock full of very "doable", down-home recipes...unlike many books I have tried that list ingredients I don't usually have on hand. In fact, if you want to "sabotage" your plan to begin using fresh ground whole grains in your family's diet, just start with a book that makes your goal miserably unattainable...difficult

recipes, "exotic" flavors...there are a few of those gathering dust on my bookshelf.

[Download to continue reading...](#)

Recipes from the Old Mill: Baking with Whole Grains Baking with Whole Grains: Recipes, Tips, and Tricks for Baking Cookies, Cakes, Scones, Pies, Pizza, Breads, and More! King Arthur Flour Whole Grain Baking: Delicious Recipes Using Nutritious Whole Grains (King Arthur Flour Cookbooks) 30 Day Whole Food Challenge: Complete 30 Day Whole Food Diet Meal Plan WITH PICTURES; Whole Foods Cookbook - Approved Whole Foods Recipes for Clean Eating and Rapid Weight Loss Bread Revolution: World-Class Baking with Sprouted and Whole Grains, Heirloom Flours, and Fresh Techniques Whole Grain Baking Made Easy: Craft Delicious, Healthful Breads, Pastries, Desserts, and More - Including a Comprehensive Guide to Grinding Grains Ancient Grains for Modern Meals: Mediterranean Whole Grain Recipes for Barley, Farro, Kamut, Polenta, Wheat Berries & More Everyday Whole Grains: 175 New Recipes from Amaranth to Wild Rice, Includes Every Ancient Grain (Cooking Light) 300 Best Rice Cooker Recipes: Also Including Legumes and Whole Grains Simply Ancient Grains: Fresh and Flavorful Whole Grain Recipes for Living Well Spilling the Beans: Cooking and Baking with Beans and Grains Everyday Everyday Grain-Free Baking: Over 100 Recipes for Deliciously Easy Grain-Free and Gluten-Free Baking Homegrown Whole Grains: Grow, Harvest, and Cook Wheat, Barley, Oats, Rice, Corn and More Whole Grains for a New Generation: Light Dishes, Hearty Meals, Sweet Treats, and Sundry Snacks for the Everyday Cook Whole Grains Every Day, Every Way The Bread Machine Cookbook IV: Whole Grains & Natural Sugars (Nitty Gritty Cookbooks) (No. 4) Samuel Slater's Mill and the Industrial Revolution (Turning Points in American History) The Miserable Mill (A Series of Unfortunate Events, Book 4) Hamlet's Mill: An Essay Investigating the Origins of Human Knowledge And Its Transmission Through Myth Linthead: Growing Up in a Carolina Cotton Mill Village

[Dmca](#)